



Summit Seasonal Theme and Goals for 2017-2018

Seasonal Theme: Striving for excellence at all levels of abilities

- Striving for a celebration of excellence with Manitoba Games 2018
 - Continued use of “athlete-centered approaches” at all levels while striving for excellence
 - Developing excellence of athletes through the use of innovative approaches and in a variety of training environments
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Program Goals:

- 1. Parents and Athlete Goal:** To provide opportunities for *Summit athletes to develop knowledge and skills* related to alpine skiing and healthy living ie.
 - Nutrition for Performance
 - How athletes use timing
 - Possible Boot fitting?
 - Ski tuning part 2

Essential question for consideration-

- is it possible to perform all of the above tasks?
 - Can we invite other MASD clubs as per last season?
- 2. U14, U16 Athlete Goal:** To engage as many Summit athletes as possible as participants in Manitoba Winter Games 2018.

Age Groupings:

AGE CATEGORY U14 & U16 2002-2005 YOB, 4 male, 4 female

The above ages are as of December 31, 2017.

ELIGIBILITY: The Manitoba Winter Games SL & Parallel SL results from the MB Cup at the end of January 2018, will be counted towards selection to the 2019 Canada Winter Games for 2003-2004 YOB athletes. TEAM COMPOSITION: Total of 8 athletes, 2 coaches/managers per regional team for a total of 10 with Males and females in each age group.

Coaching Goal: Continued use of “athlete-centered approaches” at all levels through the use of innovative approaches and in a variety of training environments. (From the past season)

Essential questions to consideration-

- Where does timing fit in to the scheme of things (with two sets of timing)? DTL training session on timing?
- ***How well are we emphasizing excellence in carving at all levels?***
- Are the training environments continuing to be ready and promptly re-set, at all levels?
Big accomplishment from 2016- 2017 season!



Officials Goals: To engage parents in some of the various MASD opportunities of Officials update and level 1- 3, for officiating competition environments

Nov. 25 1:00 pm - Level 1 Officials course (S4LC) 1:00 pm - Level 2 Officials course (S4LC)

Essential questions for consideration-

- Are we certifying enough officials to adequately satisfy for succession planning?

Brian Hatherly, Head Coach, Summit Ski Club

Matthew Render, Lead Coach- U10

“Summit Ski Club is a non-profit alpine ski organization based in Winnipeg, Manitoba, Canada. Members cooperate to encourage growth in knowledge and skill development of young athletes, in a safe, fun, and supportive environment” ... with a competitive spirit!